



Pedagogical Dossier: “Take Me Home”

ABOON Theatre for Schools and Educators



Welcome to the world of Aboon Teatre

At Aboon Teatre, we believe in the transformative power of the performing arts to accompany children through their earliest years. We believe that early childhood is a unique time, and the impressions we leave during it set a direction for the future.

We create from a deep love for early childhood, with great respect for each child and their imagination, finding our inspiration in their abilities and perceptions.

That is why our performances include silences, open spaces and objects without a single function. When we do not explain everything, something very valuable emerges: each child builds their own experience.

This trust in imagination is the starting point for *Take Me Home*.

“Take Me Home” Presentation

Take Me Home is a visual, poetic and sensory experience with virtually no text, designed especially for children aged 1 to 6.

Synopsis:

Two characters from different worlds meet for the first time in an unfamiliar place and together set out in search of a home. The journey is full of surprises and small challenges, but also of play, care and moments of connection. Little by little, they discover that the home they are seeking is not a specific place, but the warmth of a shared embrace and the beauty created through caring and cooperation.

Take Me Home is a tender and luminous experience for young children and their companions, inviting them to imagine a better world where there is always a Home to return to.



Pedagogical Themes and Early Childhood Education Curriculum

Themes and values

- **The concept of Home and Refuge:** Understanding that safety and belonging grow from human warmth, companionship and embrace.
- **Welcome and diversity:** Meeting others, seeing difference as enrichment and recognising the value of friendship.
- **Mutual care and empathy:** Learning the importance of comforting, helping and protecting classmates.
- **Sensory and poetic language:** Stimulating visual, auditory and haptic perception through soft forms, volumes of air, textures and gentle lights.

Connection with the Early Childhood Education Curriculum (Catalonia)

(Executive summary for teaching staff)

1. **The self and others:** Developing empathy, emotional self-regulation and recognition of emotional security.
2. **An environment to discover:** Exploring space, volumes, light, darkness and sensory cause-and-effect relationships.
3. **A diversity of languages (communication and expression):**
Developing sensitivity to the performing arts, body language and gesture, and experiencing background music as an element of emotional atmosphere.

Before coming to the theatre: Classroom preparation

1. What does it mean to go to the theatre?

Going to see work that artists have prepared with great enthusiasm especially for us.

- **What is an artist?** People who use imagination, the body, movement, light and objects to tell stories and make us experience emotions.
- **Beyond screens:** Unlike cinema or television, at the theatre actors and children breathe the same air in real time. Every performance is unique.

Attitudes for enjoying the experience:

- Open your eyes, ears and heart wide.
- Let yourself be enveloped by the light and the surrounding music of the performance.
- Respect the artistic work, the silence and the atmosphere so that concentration and magic can flourish.

2. Questions for introducing the theme in the classroom

- What does the word "Home" mean to us? Is it only a house? A bed? Who makes us feel at home?
- What do we do when we meet someone who is different from us? How do we greet one another and help each other?
- What shapes can we create if we play with cushions or soft elements?
- What things give us warmth when we are cold or afraid? (Cushions, blankets, night-lights, stuffed animals).
- How do we care for our friends? What do we do when we see a classmate who is sad or disoriented?

In the performance space: Attitude and Respect

The theatre is a magical space that we share. So that we can all enjoy the magic of 'Take Me Home', we ask you to:

- **Active listening:** Watch and listen to the actors with attention.
- **Respect for others:** Speak quietly if necessary and avoid unnecessary noise so as not to disturb classmates or performers.
- **Staying in the space:** We try not to stand up and walk around the room, supporting children when they need us while trying to return to calm quickly.
- **Shared emotions:** We allow ourselves to feel and express our emotions, celebrating the beauty of the moment together.
- **Care for the space:** Treat the seats and elements of the room with care, as if they were part of our own home.



Follow-up activities for children aged 1 to 3

Activity type	Objective	Description and development
“My home” corner	Encourage symbolic play and the expression of personal experiences related to home, refuge and wellbeing.	We recreate a welcoming space in the classroom with familiar elements—cushions, blankets, soft lights and simple objects—that invite children to play, imagine and represent different situations related to home and refuge.
Soft sounds workshop	Explore sound as an element that can create feelings of calm, safety and wellbeing.	We use soft percussion instruments, the voice and sounds from nature to create different soundscapes. Children can experiment freely with sounds and discover how they transform the atmosphere.

Infant massage	Experience physical contact as a form of care, welcome and connection.	We offer short massage sessions adapted to the children's age and inspired by some of the gestures and movements present in the performance. The activity is always approached with respect for and consent from each child.
Texture exploration	Stimulate the sense of touch and relate different textures to feelings of comfort and wellbeing.	We make materials such as cotton, wool, silk and felt available for children to touch, compare and explore freely. We can talk about which textures they find most pleasant and how they make them feel.
Song and movement	Encourage bodily expression, movement and imagination through the music of the performance.	We revisit the song from the performance and explore different movements according to each child's abilities, involving both fine and gross motor skills. We can also invent new dances related to the idea of

		“home”.
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Follow-up activities for children aged 3 to 6

Activity type	Objective	Description and development
Creating a “map of home”	Encourage personal expression and the representation of experiences connected with home.	Children draw or paint what their home is like, who lives there, which spaces they know and where they feel especially comfortable. The different creations can then be brought together in a collective mural showing the diversity of homes and ways of living.
Construction workshop	Develop imagination, creativity and the ability to build spaces from open-ended materials.	We build small “homes” with boxes, recycled materials, wood or natural elements. We can experiment with different shapes and sizes and discover that there is no single way to build a house

		or refuge.
Creating a “book of mutual care”	Become aware of the small everyday actions that allow us to care for one another.	Each child can draw or describe a situation in which they cared for someone or felt cared for: helping, listening, sharing, accompanying... With all the contributions, we create a collective book that can continue to grow with new stories.
Puppet or shadow theatre	Explore imagination and the ability to create and perform stories based on the themes of the performance.	Using the characters from <i>Take Me Home</i> , we invent new situations related to searching for a place, arrival, welcome or meeting someone different. The stories can be performed with puppets, shadows or simply with the body.
Expanded symbolic play	Encourage symbolic play and the exploration of different ways of relating to others.	We propose play situations related to travelling, arriving in a new place, reuniting, sharing or building a space together. Children can take on different roles and

		freely transform the space and objects as the play progresses.
Creating sounds and soundscapes	Explore sound and music as tools for imagining spaces, emotions and situations.	With everyday objects, simple instruments and our own voices, we create soundscapes that transport us to different homes or moments in a journey. We can imagine what a house sounds like when we are calm, when someone arrives or when we are preparing to leave.





Technical Information

- Title: Take Me Home
- **Company:** Aboon Teatre
- **Audience:** Early Childhood Education (ages 1–6)
- **Duration:** Approximately 40 minutes
- **Performance space:** Adaptable to different spaces (theatre, school, civic centre...)
- **Technical staff required:** The company provides all the technical equipment.
- **Objectives:** Encourage empathy, mutual care, a sense of belonging, and sensory and poetic expression.
- **Key values:** Home, refuge, welcome, diversity, care, empathy, sensory and poetic language.

Contact

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We are at your disposal to accompany you on this wonderful theatrical

adventure.